

Abstract Workshop II

The Use (participants/training/curricular integration) of Standardised Patients (SPs), for the Simulation of Psychosomatic Complaints during Burnout, when Training Nursing Students

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Background:

Since 2006, Bern University of Applied Sciences, in addition to other Swiss Universities of Applied Sciences, has prioritised "Clinical Assessment" as an important aspect of the training for future Bachelor Nursing professionals.

Clinical assessment comprises of a systematic assessment of the patient's state of health. This includes taking a patient's medical history, the mastery of examination techniques, the ability to recognise patterns and take appropriate measures. Learning these skills requires a considerable amount of practice. Training with SPs offers the possibility to learn such competences in a safe and protected environment without harming patient's. Through simulation exercises, students are able to gain more experience and security for their future clinical practice.

While physical examination techniques can largely be practiced in class, usually medical case histories concerning borderline situations, related to the psychosomatic field and other emotionally challenging situations, are difficult to simulate by lecturers in a realistic way. Such challenging situations can elicit phenomena of transference such as aggression, affection, helplessness or others. Trained SPs can prepare for individual role plays and also give professional feedback.

Learning Objectives:

Participant will:

Cognitive:

- be able to identify important criteria and methods for the selection, training and quality assurance of SPs to secure optimal simulation of emotionally challenging situations and feedback by SPs
- be able to describe how, in assessments, the recognition and identification of overriding phenomena (e.g. somatic complaints in connection with a mental illness) can be facilitated didactically in students

Affective:

- experience how realistic transference phenomena can be triggered through the simulation of patient behaviour by trained SPs
- reflect on what transference phenomena can trigger in an examining and observing person during role play
- experience the effect of feedback, provided by trained SPs

Workshop Description:

After an introduction about the casting, the training and the use of quality assurance measures when using SPs in emotionally challenging teaching situations, a case history training will be simulated with participants playing the roles of nursing students. The transference phenomena experienced during the process will then be discussed and incorporated into a fictitious teaching scenario based on the needs and requirements of the participants.